# Annex A: Food categorisation

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| **Food group** | **Food category** | **Description** |
| **Beverages** | Fruit and vegetable juices | Fresh and ambient fruit and vegetable juices |
| Soft drinks | Sugar-sweetened and artificially-sweetened soft drinks |
| Cordials | Cordials |
| Coffee and tea | Coffee and tea products |
| Electrolyte drinks | Sports electrolyte drinks |
| Alcoholic beverages | All alcoholic beverages |
| Waters | Plain and flavored waters |
| **Bread & bakery products** | Bread | White, wholemeal and mixed grain/seed sliced bread and rolls |
| Fruit bread and fruit-based muffins/rolls |
| Wraps and other flatbread products |
| Turkish pide, bagels, English-style muffins, crumpets, pizza bases and other plain bread-based products |
| Biscuits | Filled and unfilled sweet biscuits |
| Flavored and plain crisp bread and crackers |
| Cakes, muffins & pastry | Scones, pikelets, doughnuts, cakes, sweet buns, pancakes, crepes, muffins (cake-style), slices etc |
| Cake, pikelet and pancake dry mixes |
| Sweet pastries (fresh, ambient, chilled and frozen) |
| **Cereal and cereal products** | Cereal bars | Plain, chocolate-topped and yoghurt-topped cereal-based bars |
| Noodles | Flavored and plain dry packet and fresh noodles |
| Breakfast cereals | Ready to eat breakfast cereals |
| Oats and other breakfast cereals that require heating |
| Other processed cereals (e.g. bran) |
| Pasta | Canned and ambient pasta and sauce (with and without meat) products (excludes frozen ready meals) |
| Packaged fresh pasta with sauce |
| Savory/flavored dry pasta-based side dishes |
| Plain dry pasta |
| Maize (corn) | Tortillas, tamales, tacos and other corn-based cereal products |
| Rice | Plain rice |
| Savory rice-based side dishes |
| Couscous | Couscous side dishes and plain couscous |
| Unprocessed cereals | Flour and other unprocessed cereals (e.g. polenta, psyllium, bread crumbs, yeast) |
| **Confectionery** | Chocolate and sweets | Chocolate-based confectionery, sugar-based confectionery |
| Jelly | Jelly products and mixes |
| Chewing gum | All chewing gums and bubble gum products |
| **Convenience foods** | Pizza | Frozen and refrigerated pre-packed pizzas |
| Soup | Canned, chilled and ambient soup products |
| Ready meals | Frozen, chilled and ambient pre-prepared meals |
| Pre-prepared salads and sandwiches | Chilled pre-prepared salads and sandwiches (excluding fast food) |
| Others | Other pre-prepared foods such as quiches and pasta |
| **Dairy** | Cheese | Feta, haloumi, parmesan and other high-salt cheeses |
| All types of full and reduced fat cheddar/Colby etc cheese including shredded, block or sliced |
| Soft cheeses such as cream cheese, ricotta and cottage cheese |
| Processed cheese slices and products |
| Yoghurt products | Fruit, flavored and natural yoghurts (full fat, reduced fat and skim varieties) including yoghurt drinks |
| Milk | Flavored and unflavored dairy milk products |
| Flavored and unflavored soymilks |
| Flavored and unflavored oat, almond and other milks |
| Condensed, evaporated and powdered milk products (including coconut milk) |
| Cream | Thickened, sour and regular cream products |
| Desserts | Dairy-based desserts (e.g. custards, rice puddings) |
| Dairy-based dessert mixes (e.g. powders) |
| Ice cream and edible ices | Dairy and soy-based ice cream varieties and edible ices |
| **Edible oils and oil emulsions** | Butter and margarine | Salted and unsalted butter and margarine products |
| Cooking oils | Cooking oils such as olive oil, canola oil and other vegetable oils |
| **Eggs** |  | All egg products |
| **Fish and fish products** | Canned fish and seafood | Plain and flavored canned tuna, salmon, sardines, anchovies, mackerel, herring, kipper, oysters and shellfish |
| Chilled fish | Chilled processed fish products (e.g. smoked salmon) |
| Frozen fish | Coated frozen fish products (e.g. fish fingers) and uncoated fish products |
| **Foods for specific dietary use** | Baby foods | All infant formula products and baby food |
| Meal replacements | Formulated meal replacements (e.g. diet shakes) |
| **Fruit and vegetables** | Vegetables | Canned tomato products |
| Canned beans and peas |
| Baked beans in tomato sauce (with and without additions) |
| Canned creamed, plain and sweet corn |
| All other canned vegetables |
| Pickled vegetable and olive products |
| Frozen potato-based products |
| Frozen unprocessed vegetables |
| Fruit | Dried fruit products including coconut |
| Fruit-based bars |
| Fruit products canned in juice or syrup |
| Fruit gels, fruits in jelly and fruit puree |
| Jam and spreads | Jams, marmalades and other preserves |
| Nuts and seeds | Salted and unsalted nuts and seeds |
| **Meat and meat products** | Processed meat and derivatives | Pre-packed bacon products |
| Beef, pork, chicken and lamb sausages and chilled hot dogs |
| Pre-packaged sliced deli meats |
| Pre-packaged salami and cured meats |
| Beef, pork, chicken and lamb meat burgers |
| Canned meat products (excluding soup and pasta) |
| Frozen meat pies, sausage rolls and other meat-based pastry products such as dim sims |
| Meat alternatives | Plain tofu and other meat-free alternatives |
| Meat-free products (e.g. meat-free sausages) |
| **Snackfoods** | Crisps and snacks | Plain and flavored potato crisps |
| Plain and flavored snack foods |
| Extruded snacks (e.g. cheesy snacks) |
| Plain and flavored corn chips |
| Pretzels, popcorn and other snackfoods |
| Other fried snackfoods (e.g. plantain chips) |
| All varieties of cracker-based snack packs |
| **Sauces and spreads** | Sauces | Table sauces such as tomato sauces and ketchups, sweet chilli, BBQ sauces |
| Steak, HP and Worcestershire sauces |
| Soy, fish, oyster and other Asian high-salt sauces |
| Mustard products |
| Marinade products |
| Meat accompaniments (e.g. apple, cranberry and mint sauces) |
| Plain and flavored tomato paste products |
| Asian and Indian flavored powdered, ambient and liquid meal-based sauces |
| Ambient and fresh pasta sauces  Recipe bases |
| Liquid and powdered gravies and stock |
| Mayonnaise/dressings | Full and low-fat mayonnaise |
| Oil-based, vinegar-based and other types of salad dressing |
| Spreads | Crunchy and smooth salted and unsalted peanut butter |
| Relishes, chutneys and pickles |
| Other savory spreads (e.g. vegetable spreads) |
| Pâté spreads |
| Sweet spreads |
| Yeast-extract spreads (e.g. vegemite) |
| Chilled and ambient dips and salsa |
| **Sugars, honey and related products** | Honey and syrups | Honey, golden, maple and other syrups  Dessert toppings |