The overall goal of the WHO Collaborating Centre is to support WHO Member States to achieve the global target for reducing salt by 30% by 2025. The Centre also aims to build the evidence to demonstrate that population-wide salt reduction interventions are a cost-effective approach to improving health.

**Aims:**
- The overall goal of the WHO Collaborating Centre is to support WHO Member States to achieve the global target for reducing salt by 30% by 2025.
- The Centre also aims to build the evidence to demonstrate that population-wide salt reduction interventions are a cost-effective approach to improving health.

**Methods:**
Since 2013, the Centre has:
- Hosted 2 major international events on salt reduction jointly with the WHO.
- Provided training on implementation, monitoring and evaluation of population salt reduction strategies to over 15 countries and participated in 6 regional forums.
- Worked with WHO to develop a range of tools and resources to support countries on program implementation.
- Continued to strengthen the evidence base on salt reduction including through leading or contributing to 40 peer-reviewed publications relating to salt reduction.

**Impact:**
- The overall number of countries implementing a national salt reduction strategy more than doubled from 2010 to 2015.
- Our recent studies in Mongolia, Vietnam and Australia have demonstrated the potential for community interventions to reduce salt by 1 gram in about a year.
- National actions are supported by the Centre’s dissemination of progress broadly through the monthly bulletin of the Centre to support research translation.
- The WHO's SHAKE package, a set of common-sense, evidence-based policy options and examples which show governments how to lower population salt consumption, will be disseminated to all member states later in 2016, further supporting the translation of research into policy and practice.

**Facts:**
- On a global scale, excess salt consumption is estimated to cause 1.65 million deaths each year.
- All WHO Member States agreed to the global target to reduce population salt intake by 30% by 2025, towards the recommended level of < 5g/day.
- Reducing salt intake to < 5g/day would save millions of lives a year globally.

**Contact:**
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